



September
2006
Volume 7, Number 5

Touring Notes

The Newsletter of the Hill Country Bicycle Touring Club A Recreational Club for Central Texas <http://www.hcbtc.org>

President's Message

Hope everyone has had a great summer. Don't know about you, but I am ready for the fall weather!

I have only been biking for 3 years. I have always loved biking but just didn't really know how to get going. (Where to ride, how to switch gears, difference in bikes, etc.)

This club has been wonderful in teaching me so much about biking. One thing I feel important as cyclists is riding safety and biking etiquette to other cyclists. The following is a simple Bicycle Riding Quiz to take.

1. Bicycles do not have to stop at lights or stop signs. (T or F)
2. It's OK to ride your bicycle on the sidewalk. (T or F)
3. All bike riders must wear helmets. (T or F)
4. Bicycles always have the Right-of-Way on streets. (T or F)
5. I always make sure my bike is in good riding condition. (Y or N)
6. I always wear a helmet for safety. (Y or N)
7. I always obey ALL stop signs, stop lights and other traffic signs. (Y or N)
8. At night, I always use a light on the front and reflector on the back. (Y or N)
9. I always ride in a safe manner, never weave in and out of traffic. (Y or N)
10. I always ride with the traffic flow (not against traffic) (Y or N)
11. I always pass a cyclist on the left, and say "Biker Left" as a courtesy (Y or N)

1. F, 2. F, 3. F, 4. F, 5. Y, 6. Y, 7. Y, 8. Y, 9. Y, 10. Y, 11. Y

I know this is a simple test, but we need to always keep in mind bike safety. Especially the longer you ride and tend to feel more comfortable on your bike out in traffic and around other bikers. To read more on the Texas Transportation Code: Texas Bicycle Laws go to www.sanantonio.gov/sapd/BikeSafety.asp.

We have 4 more months of this year and still have some exciting events planned for the rest of the year. The MS 150 is on Oct 7th and 8th. Lillian is our team leader and still has training rides planned

until the event. If you need any information regarding this you can contact her at lalylafave@hotmail.com.

September 30th the HCBTC is planning a "Century Ride". Chris Marsh is the ride leader for this ride, [.chrismarsh@satx.rr.com](mailto:chrismarsh@satx.rr.com).

November 4th is the HCBTC Fredericksburg Fall Frolic. Hedi Lynn and Vern Jeys are coordinating this event. So if you are interested in volunteering or have any questions contact Heidi or Vern . (bikentx@satx.rr.com or vjeys@satx.rr.com) We are also planning the "Goliad Camp and Ride" on Nov 10th and 11th. Campsites are limited. So if you are interested in going please give me a call at 422-8039 or e-mail me at almccoy30@hotmail.com.

If you want to lead a ride contact Heidi Lynn our Ride Chair at (bikentx@satx.rr.com) Thanks again to all who volunteer to lead rides. Without you we could not be as successful having the variety and number of rides each month.

Remember to keep checking the website for rides and events. Hope to see you soon on a ride.

Happy Cycling!!

- Amanda

September Club Meeting

The September membership meeting will be Friday, September 22nd in the meeting room at Grady's Bar B Q on 327 E. Nakoma (just east of US 281, phone 404-9305) Social starts at 6:30 p.m., meeting starts at 7:15 p.m. See you there.

Welcome New Members

Reyes Morales	Luis Feliciano
Charles Dwyer	Sheri Blackburn
John & Amparo Kelly	Donna Tawkoyty
Carlos Kosienski	Tim Nakata
Mayra Escalera	Brian Boyter
Diana Valdez	Raymond Rodriguez
Char Cushman	Christy Beauchamp
Jim & Tamara Heflin	Norman Pfeifer
Karen Fischel	John & Emily Eaton
	Mark Maddox

Club Activities

Recurring Rides

Monday Morning Helotes/211 Loop.

Ride starts at 7:00 a.m. across from the Helotes Bike Shop and Floores Country Store in Helotes. Join us for an early morning work out of 26 miles. This ride that takes us to loop 211 with rolling hills with a beautiful view in the Texas hill country. Directions to Helotes: Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go two blocks to the meeting site. Ride Leader: Manuel Pena, phone: (210) 435-9237, email: Manuel_Pena@sbcglobal.net

Monday Evening Brauning Lake Ride.

Meet 6:00 p.m. at Tom's Bergers for a 16 mile leisurely pace ride with rest stops. Some slight hills, but mostly gently rolling. Dinner at Tom's Bergers after the ride. Take IH-37 Hwy South to Southton. Go Left on Southton to Donop (about 1 block) Left on Donop to Tom's Burgers (about 400 ft) on the right. Ride leaders are Vern Jeys and Sandy Barsun (210) 635-8777 barsun@sbcglobal.net.

Tuesday Evening Rudy's Ride. Ride starts at 6:00 p.m. from Rudy's on Hwy 151 & Westover Hills for a hilly 13.5 mile ride at a Medium pace (10 – 12 mph). Shorter or longer options are available. Dinner at Rudy's after the ride. Ride Leader: Heidi Lynn, phone: (210) 682-8107, email: bikentx@satx.rr.com

Tuesday & Thursday Evening MS150 Training Rides (through September 2006). Rides will begin at 6:00 p.m, from the Park & Ride at 1604 and I10. Rides vary from 18 – 25 miles long. In the event that we are riding in the dark, be sure to be prepared with lights and reflectors. Hope to see lots of people riding this season, I look forward to seeing you all again! Ride Leader: Lillian LaFave, phone: (210) 385-0381.

Wednesday Morning Stinson Airport Ride.

Meet 7:00 a.m. (8:00 a.m. starting September 6th) at Stinson Airport for a 18 to 30 mile leisurely pace ride with rest stops. Take Roosevelt to 99th street. Go East on 99th to Mission Road. Right on Mission Road to Stinson airport. Ride is flexible. We take various routes. Ride

leader is Vern Jeys (210) 675-0538 vjeys@satx.rr.com.

Wednesday Night Beginners Ride.

Unwind after a day's work on a flat, easy paced 11 mile (or shorter) ride on KellyUSA. Ride starts at 5:30 p.m. Meet at KellyUSA in the large parking lot at the corner of Duncan and Cricket. Please call or email Roy for directions if you're not familiar with the area. Ride Leaders: Roy or Laura Munro, phone: (830) 393-0818, email: royal@munro-online.com A map to the ride can be found here: Wednesday-Ride.jpg

Friday Morning Castroville Ride.

Meet 7:00 a.m. (8:00 a.m. starting September 1st) in the carpool parking area across from Sammy's in Castroville for a 30 mile ride. Ride leader is Vern Jeys (210) 675-0538 vjeys@satx.rr.com.

Weekend Rides

Saturday, August 26th, "MS150 Training Ride"

(print map #3 from hcbtc.org). Ride starts at 7:30 am. Meet at Loop 1604 & Bandera Road, on the Northeast corner, behind the What-a-Burger. There will be two routes a 50 mile & 35 mile ride toward Boerne. Light SAG support for the long ride, small donation for snack/drink accepted. Team Captain/Ride Leader: Lillian LaFave, phone: (210) 385-0381, email: lalylafave@hotmail.com

Sunday, August 27th, Devine Ride.

This 65 mile & 50 mile (12-14 mph) ride starts at 7:00 a.m. from Triple C Steakhouse in Devine. Directions to Triple C: Take IH-35 South of San Antonio towards Laredo. Take exit 122 at Devine to Hwy 173; make a right on 173 to Triple C on the left (about 200 feet). Our first 28 miles of rolling hills will take us to Jourdanton which offers several stores to choose from. From there we will ride 11 to 12 miles to Charlotte with another store, since the store in Bigfoot is not always open, this is the place to restock on fluids & snacks to get you back to Devine. Limited SAG support available, small donation for snack/drink accepted. Ride Leader: Randy Frazier, phone: (210) 237-8740, email: papaastronomer@yahoo.com

Sunday, August 27th, Sixth Beginners' Ride.

This will be the last in this series of the 13 mile rides out of Taft High School. Goals for this ride will be to continue improving biking skills and

gaining more confidence under road riding conditions. This ride will start at 5:00 P. M. It will still be over flat terrain with the exception of one small hill and at a pace that accomodate everyone's capability. There will be rest stops enroute. Directions: Taft High School is located on west FM 471 (Culebra Rd in the city) about one mile west of Loop 1604. Meet on the west side of the school parking lot. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Saturday, September 2nd, "MS150 Training Ride"

Ride starts at 7:30 a.m. at the BICYCLE SHACK on 31007 IH-10 West, Suite 105, in Boerne for a 29 & 43 mile ride. Directions: Take IH-10 West about 14 miles north of 1604, exit 543. Turn left at the Stop sign, go under the bridge, and turn left on the frontage road towards the Mercedes Benz Dealership. The Bicycle Shack is in a strip mall just past the Mercedes dealer. Team Captain/Ride Leader: Lillian LaFave, phone: (210) 385-0381, email: lalylafave@hotmail.com

Saturday, September 2nd, Helotes Loop Times 2.

This ride starts at 7:30 A. M. from the parking lot across from Floore's Country Store and the Helotes Bike Shop in old Helotes. The route will be flat to rolling with some hills and will cover the Helotes loop twice, once in each direction, for a total of 52 miles at an average pace of 12 mph. Directions: Take Bandera Road west to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Sunday, September 3rd, Kelly Breakfast Ride.

Ride starts at 8:00 a.m., meet at Kelly USA. This will be a leisurely 20 mile (10 mph) ride over mostly flat terrain. Directions: Meet at the corner of Duncan & Cricket on Kelly (same place as Wednesday evening ride). Enjoy "The bottomless cup of coffee" at the Kelly Island cafe following the ride. Contact/Ride Leaders: Vern Jays phone #: (210) 675-0538 vjeys@sat.rr.com or Heidi Lynn, phone: (210) 682-8107, email: bikentx@satx.rr.com

Sunday, September 3rd, 1st Intermediate Beginners' Ride.

The ride starts at 5 p.m. from the parking lot across from Floore's Country Store and

the Helotes Bike Shop. This is the first in a series of 20 mile rides that are an extension of the previous beginners' rides out of Taft H. S. Goals for these rides are to continue improving biking skills under more tasking terrain and distances and gaining more confidence in riding ability by experiencing additional road riding situations. Anyone who wants to get in a few extra miles or to experience riding with a group is most welcome. You need not be a member nor are you expected to join the club. Directions: Take Bandera Road west to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Saturday, September 9th, Bear Moon Bakery Ride (map #4). Ride starts at 7:30 a.m. Meet at the Leon Springs Park and Ride parking lot (IH-10 and Boerne Stage Road) for a group ride of 30 miles over rolling terrain. We will stop at the Bear Moon Bakery in Boerne for a break. Directions to Leon Springs: Take I-10 West to the Leon Springs exit and go left on the service road to a 4-way stop. Take a left at the stop for one block to the parking lot on the left. Ride Leaders: Ann Caldwell, phone: (210) 521-2887, email: robancauld@yahoo.com.

Sunday, September 10th, Bill Miller's Bar B Q Ride. Ride starts at 8 a.m. from Bill Millers (Phone # is 372-0760) in Helotes located on 12705 Bandera, corner of Leslie & Bandera. Distance is about 22 miles, ride is mostly flat. (Some hills). Pace will be leisurely, with every effort made to stay together as a group. Route will go to Exxon Station on 471 & back. Those who feel energetic can do the 211 loop if they want. Ride Leader: Ethel Pedraza, phone: (210) 414-8554, email: azardepe@hotmail.com

Sunday, September 10th, 2nd Intermediate Beginners' Ride. The ride starts at 5 p.m. from the parking lot across from Floore's Country Store and the Helotes Bike Shop. This is the 2nd in a series of the 20 mile rides that are an extension of the previous beginners' rides out of Taft H. S. Anyone who wants to get in a few extra miles or to experience riding with a group is most welcome. You need not be a member nor are you expected to join the club. Directions: Take Bandera Road west to Helotes. Travel through the Helotes shopping area

and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Saturday, September 16th, Bastrop State Park. Meet at 9 a.m. at the day area next to the swimming pool in the park. The entrance fee to the park is about \$2.00. Join us for a 30-35 mile ride through Bastrop & Buescher State Park (rest rooms & H2O available there). The first 13 miles are some what hilly with beautiful sceneries & low traffic roads. You will enjoy the return trip on HWY 71 back to Bastrop, it is mostly downhill & that's the truth. Directions from San Antonio to Bastrop (90 miles): Take Hwy 35N to San Marcos, exit on to HWY 21 to Bastrop, follow signs to the State Park. Lunch can be at one of the many restaurants in Bastrop. Ride Leader: Tommy McMillan, phone: (210) 674-1210

Saturday, September 16th, "MS150 Training Ride". Ride starts at 7:30 a.m. Meet at Old Bandera Road in Helotes, near to the Roger Sole Sports store for a 26 & 54 mile ride. Directions: Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go two blocks to the meeting site. Light SAG Support for the long ride, small donation for snack/drink accepted. Team Captain/Ride Leader: Lillian LaFave, phone: (210) 385-0381.

Sunday, September 17th, Helotes-Toutant Beauregard (map #3/medium route). Ride starts at 8:00 a.m. from Helotes; this hilly 35 mile ride will take us up to Toutant Beauregard, Boerne and homeward bound through the very Scenic Loop on Boerne Stage Road. Directions to Helotes: Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go two blocks to the meeting site. Lunch to be determined by group. Ride Leader: Heidi Lynn, phone: (210) 682-8107, email: bikentx@satx.rr.com

Sunday, September 17th, 3rd Intermediate Beginners' Ride. The ride starts at 5 p.m. from the parking lot across from Floore's Country Store and the Helotes Bike Shop. This is the third

in a series of 20 mile rides that is an extension of the previous beginners' rides out of Taft H. S. Directions: Take Bandera Road west to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Saturday, September 23rd, Morris Ranch Ride. Ride starts at 9:00 a.m. from behind the courthouse in Fredericksburg. Ride distance is 28 miles with a 49 mile option for the more energetic. (See Map # 19 on the website.) Pace is 10 to 12 mph with frequent stops, terrain is flat to medium rolling. Directions: Take IH-10 West to Comfort. Take exit by the McDonalds on 87 hi-way North to Fredericksburg. Take a left on Main street in Fredericksburg to Adams street. Left on Adams 1 block & park behind the courthouse on the right. Ride Leader: Vern Jeys, phone: (21) 675-0538, email vjeys@satx.rr.com

Saturday, September 23rd, Helotes Loop Times 3. This ride starts at 7:30 A. M. from the parking lot across from Floore's Country Store and the Helotes Bike Shop in old Helotes. The route will be flat to rolling with some hills and will cover the Helotes loop three times, only once in the harder direction, for a total of 78 miles at an average pace of 12 mph. Directions: Take Bandera Road west to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net

Sunday, September 24th, Kirby Ride. Ride starts at 8:00 a.m. from Lupitas Mexican Café in Kirby. Join us for a 33 mile group ride. Lupitas is located at 4950 FM 78 just east of I-410 (On the right side just beyond the Dairy Queen). Ride Leader: Mike and Cynthia Weiner, email: mweiner1@satx.rr.com.

Sunday, September 24th, 4th Intermediate Beginners' Ride. The ride starts at 5 p.m. from the parking lot across from Floore's Country Store and the Helotes Bike Shop. This is the 4th and last in a series of 20 mile rides that is an extension of the previous beginners' rides out of Taft H. S. Directions: Take Bandera Road west to Helotes. Travel

through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road. Continue two blocks to the meeting point. Ride Leader: Mac McCormick, 614-5514, email: eemac2@earthlink.net.

Saturday, September 30th, Castroville Century and Half Century. Meet at the park and ride on US 90 and FM 471 across from Sammy's in Castroville. Century (100 miles) starts at 7:30 a.m. (sunrise) and Half Century (50 miles) starts at 9:00 a.m. Both routs will have SAG support and have stores around every 15 miles. Routes are mostly flat with a few rolling hills. Great rides to get ready for the MS 150. Donations accepted to help cover the cost of SAG support. Ride leaders are Chris Marsh (Century), phone (210) 681-5768, email chrismarsh@satx.rr.com and Vern Jeys (Metric Century), phone: (210) 675-0538, email: vjeys@satx.rr.com.

Saturday/Sunday October 7th & 8th, MS 150. Join the HCBTC Team. See <http://biketothesea.ms150.org/btb/> for more information. Team Captain/Ride Leader: Lillian LaFave, phone: (210) 385-0381.

Saturday, November 4th, The Seventh Annual Fredericksburg Fall Foliage Frolic. Hosted by the Hill Country Bicycle Touring Club. The tour brings people from all over the Texas to enjoy a weekend of riding and friendship in the scenic Hill Country of Central Texas. There are rides varying in length and degree of difficulty available each day. Ride Registration is only \$15 per rider if post marked by October 28th, \$20 after. Rider check-in will start 8:00 am. Saturday morning at Lady Bird Johnson Park three miles south of town on TX 16. Take Lady Bird Johnson Drive .7 mile to the Tatsch house across from the swimming pool. Registration includes supported rides with maps, rest stops, sag support, lunch and a ride souvenir for Saturday and maps for an unsupported ride on Sunday. The Frolic will be held rain or shine. More information and a registration form can be found on the Frolic website: <http://www.hcbtc.org/ffff> You can also register through Active.com at http://www.active.com/event_detail.cfm?event_id=1341261

Saturday/Sunday, November 10th - 12th, Goliad "Camp and Ride" Weekend. The club has reversed

campsites for Friday and Saturday night, which checkout on Sunday. We will start Saturday's ride, November 11th, from Town Square at 9:00 AM. Ride the quite back roads around historic Goliad. We will have two groups, 25 mile and 55 mile. Could have a short ride on Sunday morning for those interested. If you are interested in camping contact Amanda McCoy, phone 210-422-8039, or email, almccoy30@hotmail.com.

Member Discounts

The following Bicycle Shops offer members of the HCBTC a 10% discount. Be sure to ask what the discount applies to and show them your membership card.

BikeWorld, 5911 Broadway, 210-828-5558, 7148 Blanco Road 210-344-2303 and 18 N. Loop 1604 West San Antonio, Tx 78232, 210-892-0123

Britton's Cycles, 16636 Hwy 281N, 656-1655 and 803 E. Blanco Rd. Boerne, 830 816-2305

Hill Country Bicycle Works, 1412 Broadway, Kerrville, 830 896-6864 and 702 E Main, Fredericksburg, 830 990-2609.

Ride Away Bicycles, Huebner Oaks Shopping Center, 11075 IH-10 West, Suite 305, 696-9925 and 8509 Culebra Road, 520-4789

Cycle Logic, 12319 Wetmore Road, 210-490-8251

Planet Bike, 5819 NW Loop 410, Suite 133, 210-682-2050

Action Bikes, 2921 Pat Booker Road, 104 Universal City, TX, 210-657-0155

Bicycle Shack, 31007 IH10 West, Ste 105, Boerne, TX 78006, 830-755-5369

Gotta Ride Bikes, 28604 IH 10 W #5, Boerne, Tx, 830-755-8039

The Bike Platz, 1312 Common St, Ste 402-402, New Braunfels, TX 78130, 830-626-2453

Charles A. James Bicycle Co., 329 N. Main Ave. (Downtown) San Antonio, TX 78205, 210-226-7812 and 1203 S. W. Military Dr. (Southside), San Antonio, TX 78221, 210-923-3010

Bicycle Heaven, 20323 Huebner Road, Suite 108, San Antonio, TX 78258, 210-494-0035

A big thanks for their support to our club.

Newsletter Goes Monthly

Starting with this issue of Touring Notes, the HCBTC newsletter will be monthly. This is to make things easier for the editor and ride chair and better serve the members.

Club Volunteers

Club Officers

President: Amanda McCoy, (210) 614-4475, amccoy@cfhp.com

Vice President: Ken Kanagaki, (210) 341-6883, kw2405@earthlink.net.

Ride Chair: Heidi Lynn, (210) 682-8107, bikentx@satx.rr.com

Treasurer: Jackie Jeys, (210) 675-0538, jackiejeys@satx.rr.com

Secretary: Kathy Hill, (210) 520-9573, hillster50@yahoo.com

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Beginner Rides: Mac McCormick, (210) 614-5514, eemac2@earthlink.net.

Club Historian: Cathy West, (210) 633-0617

Other Club Volunteers

MS-150 Team Captain, Lillian LaFave, (210) 385-0381, lalylafave@hotmail.com

Fredericksburg Frolic Chair: Heidi Lynn, (210) 682-8107, bikentx@satx.rr.com

Backup Website Editor: Mike Thompson, snorebox@satx.rr.com