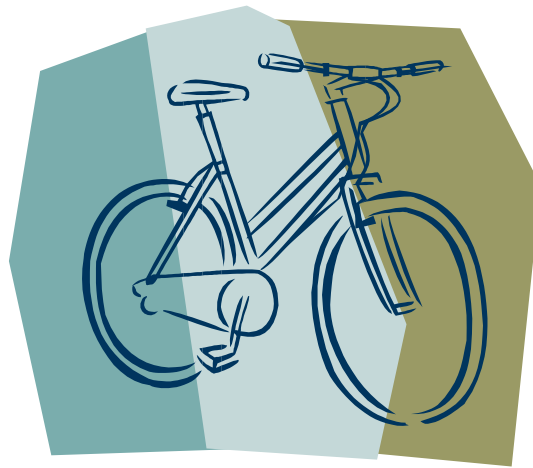




*The Newsletter of the  
The Hill Country Biking Tour Club*

*A Recreational Club for Central Texas  
<http://www.hcbtc.org> [-mail@hcbtc.org](mailto:mail@hcbtc.org)*

*Volume 5, No. 3- May-June 2004*




*Thanks to our affiliate associations.....*



## President's Message

by Heidi Lynn

Even with the rain we had, it did not deter our riders. Spring is in the air, and it won't be long before the high temperatures will be with us again, which means some rides start earlier in the a.m. Check our website under club rides to get the correct times so you don't miss your ride. Our Century ride got short tailed due to the rain and flooded over- passes, however we did manage to get 40 miles in. The Century ride has been rescheduled to Saturday, May 15<sup>th</sup>, that will give us a little more time to train for the big event. Some up coming events worth mentioning, May 22<sup>nd</sup> we will have the Kids Bike Safety at Brauchle Elementary school, May 23<sup>rd</sup> we are staffing a rest stop for Tour De Cure, we are in the planning stages for our Annual 4<sup>th</sup> of July ride, and the 7 day Katy Trail Tour in Missouri will take place in October. We have rides scheduled for every day of the week at various times of the day; distances and speed. There should be a ride for any ones riding ability, and time schedule. Mark your calendars for our 5<sup>th</sup> Annual Fredericksburg Fall Frolic in November. As always you can find all the information and more on our website at [www.hcbtc.org](http://www.hcbtc.org)



Remember to have fun, and **stay safe** as you are biking in our beautiful Texas Hill Country.

## NEWSLETTER EDITOR'S MESSAGE

As spring blossoms around us, now is the time to enjoy nature's beauty. An abundant amount of rainfall has rewarded the countryside with a great variety of Texas wild flowers. All too soon these flowers will wither under the scorching summer sun. Now is the time to roll out the bike and pedal up and down the Texas Hill Country and enjoy one of the most colorful times of the year. Our club has all kinds of rides: mornings, evenings, and weekends. Invite a friend and have them join in on our fun!

Also, remember the efforts to make San Antonio a safer place to ride bicycles. Be sure to keep informed about the plans for more biking lanes and paths, and be sure to input your view into the mix. This upcoming week is dedicated to bringing biking issues to the public, so join in and ride in some of the upcoming rides.

### Tuesday Evening Ride

Don't have enough time for a long ride after work or play; are you looking for a short, challenging ride? **Then this Tuesday evening ride is for you!** April – October, departing @ 6:30 p.m. from Rudy's (parking in the back) on 151 & Westover Hills. This is a 13.5 mile ride (rolling hills) around the Sea World area. You determine your own pace, Q - Sheets are available. Optional dinner at Rudy's after the ride. For questions contact Heidi Lynn At 210-682-8107 after 5 p.m. or at [bike4fun2@sbcglobal.net](mailto:bike4fun2@sbcglobal.net)

## New Jerseys

New Jerseys will be the same design as the old ones, but lime green in color with designs in black. Lettering color has not yet been decided on.

**Cost will be \$45**, payable before June 1st. On Sizes 3xL & larger there will be an additional \$9:00 charge. If you want the jersey shipped, that will cost an extra \$5.

Please let me know as soon as possible if you want one. I am ordering 50 Jerseys & I already have orders for 20. I will be happy to order more than 50 if demand is great enough. Send your name, Jersey size, address, phone # & e-mail address to

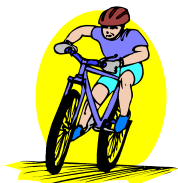
**HCBTC**  
**PO Box 276637**  
**San Antonio Tx. 78227**

Make check payable to **HCBTC**. Sizes tend to run a little small. **Vern Jeys 210-675-0538**  
[vjevs@satx.rr.com](mailto:vjevs@satx.rr.com)

## Helmet Hair – Do You Dare!

I ride mountain bikes and road bikes. Previously, 75% of my riding time was on a mountain bike and 25% was on a road bike. However, these days I am noticing that I have shifted my priorities a little and ride about 50% mountain and 50% road. The weather usually is the determining factor in making my decision as to which bicycle I ride: if cold and windy, I haul out my mountain bike; the road bike is perfect when warm and less windy.

Whatever type of riding I am involved in, I always wear a bicycle helmet. I've noticed that road bike riders always seem to be more likely to wear a helmet than mountain bikers. I can't figure out why; I guess there must be some esoteric reason. I confronted a couple of generation Y types the other day who were riding mountain bikes in some rather technical terrain with lots of loose rock, trees, protruding tree stumps, and roots. I stopped and had an enjoyable visit with the two amiable young men. They both expressed a desire to improve their riding skills and possibly get involved with racing at some point in time. I asked them why they weren't wearing bike helmets. Both riders had several excuses: "A helmet makes me feel



off balance" (that was the first time I've ever heard that one); "Makes my head get hot when I ride;" "Really makes my hair look funny!" I can certainly relate to their last excuse. Whenever I finish a ride and pull off my helmet, I will have rows of spiked hair where my hair protruded up thru one of the vents. It could be worse. I've seen some riders with longer hair take on the appearance of a spike head punk rocker from a few years back while others look like they have wings growing out of the sides of their head. Then there are those riders with perfect hair who don't appear to have even worn a helmet. Boo, hiss on you! I have partially solved the after ride hair dilemma by purchasing a baseball cap. Other choices besides a baseball cap might be a tuque (a cap similar to a toboggan and the term probably coined by a Canadian comedian team from the Great White North), a cowboy hat, or some other type of funky fedora to cover up those dreaded disheveled locks.



Unfortunately, I was unable to convince the two mountain bikers why it is important to protect the ole cranium. I pointed out that they would likely not be able to realize their vision of becoming mountain bike racers if they refused to wear a helmet. One of them mentioned the fact that they had seen some road bike racers during the Tour de France not wearing a

helmet. I didn't have a come back for that one, but I'm sure there is a reason, however unsafe I personally think that practice might be.

After I returned home, I checked out various websites to see if I could find some tangible reasons why bicycle riders should wear a bike helmet. Here are some of my findings:

### **Bicycle Helmet Safety Institute:**

- About 540,000 bicyclists visit emergency rooms with injuries every year. Of those, about 67,000 have head injuries.
- 1 in 8 of the cyclists with reported injuries have a brain injury.
- Two-thirds of the cycling related deaths in the US are from traumatic brain injury.
- A very high percentage of cyclists' brain injuries can be prevented by a helmet, estimated at anywhere from 45 to 88 per cent.
- Many years of potential life are lost because about half of the bicycle related deaths are children under 15 years old.

### **Insurance Institute of Highway Safety: (This is the most current data I could find from this source.)**

- Ninety percent of bicyclists killed in 2000 reportedly weren't wearing helmets.
- Four states (California, Florida, New York, and Texas) accounted for 40 percent of bicycle deaths in 2000.

**Consumer Product Safety Commission:** (*Bicycle Helmet Safety Institute indicates that the CPSC statistics noted below are over-optimistic and have been incorrect for a number of years.*) I guess it is up to the reader to decide.

- Bicycle helmet usage has increased from 18 percent in 1991 to 50 percent in 1998.
- Wearing a bike helmet can reduce the risk of head injury by 85 percent.
- Of bikers who now report wearing a helmet, 98 percent said they wore a helmet for safety reasons, 70 percent said they wore a helmet because a parent or spouse insisted on it, and 44 percent said they did so because a law required it.

- 69 percent of children under 16 wear a helmet on a regular basis while riding a bike, according to parents.
- 38 percent of adult bike riders regularly wear their helmets.

I recall a few years ago that a bike shop mechanic friend of mine ran head first into a tree while mountain biking down a steep, rocky incline. He survived, but I'm certain he would have suffered a severe concussion or possibly could have died as a result of the accident if he wasn't wearing his helmet at the time. His helmet was almost split down the center by the impact with the tree. The tree was uninjured, but my friend ended up being knocked unconscious and had nasty looking contusions and abrasions on one side of his face. He refused to go to the doctor, but had severe headaches off and on for several weeks after the incident. The bike shop where the young man was working at the time kept the helmet for a couple of years as an example of how a helmet can change the overall outcome when one strikes an immovable object such as a tree, the ground, a traffic sign, a parked vehicle, etc. Being struck by a moving vehicle is a whole different equation, but again, a helmet might improve your chances of surviving. Maybe you don't like the current helmet you are wearing or possibly there is something wrong with it that makes it unsafe. The **BHSI** provides a short list (quoted below), which can help you determine if your current helmet should be replaced.

### **When do I need to replace my helmet?**

- Did you crash it? Replace!
- Is it from the 1970's? Replace!
- Is the outside just foam or cloth instead of plastic? Replace!
- Does it lack a CPSC, ASTM or Snell sticker? Replace!!
- Can you not adjust it to fit correctly? Replace!!
- Do you hate it? Replace.

I'm sure you've probably figured out why I used the title "Helmet Hair-Do You Dare" in this article. Probably should have worded the article title "Do You Dare Not Have Helmet Hair". If you are the member of a bike club, you are encouraged to wear a

helmet. If you don't ride with a club, you should wear one and encourage your spouse and children to wear a helmet. I think the statistics listed in this article are reasons enough to go out and spend a few of your hard earned dollars on a good first helmet or possibly for a replacement for an existing helmet. Who knows, the money you spend on a helmet may be the best money you ever spent.

## Share the Road Plates

Dear Texas Bicycle Coalition Supporter,

The Texas Bicycle Coalition is proud to announce



that our **Share the Road** license plates are now available for purchase! Our winning plate depicts the image of five-time Tour de France champion **Lance**

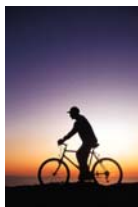
**Armstrong**, who will compete for his sixth Tour victory this summer. Lance is the **first living person in Texas history to be honored on a license plate.**

To buy your plate, just download and print our form at:

<http://www.biketexas.org/pdf/Plate%20Order%20Form%20Color%20Web.jpg>

Or, you can use the Texas Dept. of Transportation's **fax-on-demand** system at 888-232-7033, or buy one at your local county tax assessor-collectors' office. You'll receive notification two weeks before your new plate is ready for pick-up at your local county tax assessor-collector's office. TxDOT will charge a \$30 extra specialty plate fee that must be paid annually in addition to vehicle registration and other applicable fees. (TxDOT will honor the time remaining on your current plate, if it hasn't yet expired.) **Twenty-two dollars** from every plate sale will go into an account dedicated by TxDOT to funding bicyclist and motorist safety programs.

The Share the Road license plate became possible thanks to a bill passed by the Texas Legislature during the final hours of the 2003 session. TBC subsequently held a design competition that drew 30 entries from five



Texas graphic designers, all of whom were bicyclists. After whittling down the choices to six designs, TBC went to the public, posting "Vote with Your Dollar" ballot boxes in bicycle shops and at events. The Lance design (by **GTO Advertising** of San Antonio) won by an overwhelming majority.

Please let me know if you decide to purchase a plate. And if you haven't already joined or renewed your **membership** to the Texas Bicycle Coalition, please do so today! You can find information about our advocacy, education programs, and activities on our Web site, [www.biketexas.org](http://www.biketexas.org).

Happy bicycling,

Lauri Apple  
Communications Director

## BIKE TOURING IDEAS FOR YOUR NEXT VACATION

--And Right On Our HCBTC Website

By Norman D. Ford, Kerrville Member

If you're thinking about a bike touring vacation--especially a multi-day ride with overnights at hotels or motels. . .and not going on a group tour but planning and carrying out your own trip--then you'll find, right on our HCBTC website, a link to an indispensable source of guidance, advice and info about independent bicycle touring.

It's called "DIY Bicycle Tours and Vacations" and to locate it on the club website, simply click on "Bike Sites" and scroll down to "Velotour, Norman Ford's Bike Touring Website." Here you'll discover gigabytes of ideas and trip reports to help you carry out your own bike travel vacation. (Or the URL is [www.tourvelo.org](http://www.tourvelo.org).)

Updating this website, and reporting on my most recent bike tours, is my favorite hobby. For example, on May 3rd, 2004, I'm off to Germany for another 35-day solo tour, cycling mostly flat and paved, car-free bike trails along Germany's most scenic rivers and lakeshores. Frankly, I can fly overnight nonstop

from Houston to most large European cities in half the time it takes to drive to Colorado.

But my website begins with bike fitness vacations closer to home.

From San Antonio, it's about two day's drive to Missouri and the famous Katy

Trail, a 230- mile car-free Rails to Trails ride partly beside the Missouri River. . .with camping and motel accommodation en route. And it's just another 1.5 days drive from here to Wisconsin's Elroy-Sparta Trail, actually a series of 5 connecting Rails to Trails routes all incorporated into a State Park. My website gives complete details for touring both bike trails on a single trip under "Rails to Trails Touring in America's Midwest."

If that isn't enough, just drive two days west to Frisco, Colorado where you can easily spend another ten days making out and back all-day rides through some of the most colossal mountain scenery in America--much of it on paved car-free bike trails to posh resorts like Vail or Breckenridge plus a variety of challenging climbs to elevations of 11,000 feet or higher. With a day or two extra, you can ride America's highest paved road to the 14,260 foot



summit of Mount Evans. And you can alternate cycling with a day of paddling in a rented sea kayak on huge Dillon Lake. For info on exploring this wonderful area, click on, "Biking and Kayaking at Frisco, Colorado." From Frisco, it is a two days drive to or from San Antonio.

Again, from Frisco you can drive in one day to Moab, Utah, and another top bike touring center with a variety of unpaved trails through Utah's incredible Red Rock Country. It's all described in the report "Moab, Utah, Mountain Bike Vacation" on my website. From Moab, I can drive back to Kerrville in 3 days.

For an overall look at European bike touring, click on my report, "Bikelandia, Where Bicycle Touring is Alive and Well." In German-speaking Europe, for example, I find it easy to plan new tours of 35 days or more year after year without ever having to ride the same route twice. Most Americans who tour Germany, Austria, Switzerland, France, or Western Ireland have nothing but praise for European touring. Reports on my website tell exactly how to duplicate my trips and even stay at the same budget hotels. Or for still more info, click on "Helpful Websites for Bicycle Touring" where you'll find scores of links to helpful websites and bike touring tools, including schedules of European trains that carry bikes, and bike-carrying ferries from France to Corsica, a Mediterranean island packed with dramatic seacoast and mountain scenery.

Finally, if you lack the time (or money) to take an extended bicycle tour, go to my other website <[www.nohypehealth.org](http://www.nohypehealth.org)> and click on the report "Why Most Americans are Vacation Starved." Among other things, it tells how just about all the scores of cyclists I meet while touring the European Union get an automatic 28 days of paid vacation each year

## Club Rides

(events information as of 29 April, 2004)

### Every Monday Evening

**Time: 6:30PM**

**Place: Stinson Airport:**

**Ride Length: 16.5 miles**

**Directions:** Take Roosevelt to 99th street. Go east on 99th street to Mission road. Right on Mission Road to Stinson Airport.

Ride Leaders are **Vern Jeys 675-0538** [vjeys@satx.rr.com](mailto:vjeys@satx.rr.com), and **Sandy Barsun 635-8777** [barsun@sbcglobal.net](mailto:barsun@sbcglobal.net)

## Tuesday Evening Rides - President's Ride

**Time: 6:30PM**

**Place: Rudy's BBQ, Located at Hwy 151 & Westover Road (by Sea World)**

**Ride Length: 12 miles**

**Directions:** Take hi-way 151 West from loop 410 to Westover road. Park in the back, away from Rudy's. President's ride will be hilly. Ride will not be Easy, but it is short. Shorter ride available for those who feel less ambitious.

Ride leader is Heidi 344-0460 [bike4fun2@sbcglobal.net](mailto:bike4fun2@sbcglobal.net)

## Every Wednesday Evening.

**Time: 6:00PM**

**Place: Large parking lot near the intersection of Cricket and Duncan on KellyUSA**

**Ride Length: 5-10 miles**

**Description:** 5-10 mile rides for **beginners** just starting or those who have not been on a bike in a long time or for those who enjoy riding slowly (**6-10 mph**) on very flat (NO HILLS) low traffic roads. Nobody is left behind.

**Directions:** Meet at the large (mostly empty) parking lot near the intersection of Cricket and Duncan on KellyUSA. Duncan is the extension of the Gen. Hudnell exit if you are traveling west on Hwy 90. If you are entering KellyUSA from 36th St, travel south on 36th and turn left on Billy Mitchell. (a divided boulevard). Continue on Billy Mitchell going east until you hit Duncan and turn right (very sharp turn) Look for the large parking lot on the right.

**Ride Leaders:** Ken Kanagaki 210 341-6883; email: [kw2405@yahoo.com](mailto:kw2405@yahoo.com); or Laura Munro 210 671-0403 email [laura.munro@lackland.af.mil](mailto:laura.munro@lackland.af.mil)

## Every Thursday Evening.

**Time: 6:30PM**

**Place: Helotes:**

**Ride Length: 16 miles**

**Directions:** We will meet at **6:30 PM in Helotes** on Old Bandera Rd across from the **Helotes Bike Shop** and the **Floore Country Store** for a group ride at a **Moderate (12 - 14 mph) pace**. We will eat at the after the ride.

**Ride Leaders:** Chris & Jan Marsh will lead the ride, phone 210 681-5768, email [cmarsh@texas.net](mailto:cmarsh@texas.net).

## Every Friday Morning.

**Time: 9:00 am. -**

**NOTICE-!! Until further notice, the E-Z Riders Friday rides begin at 9:00 am.**

**Location: different location each time** Meet each Friday for a **30 mile Easy (8 - 11 mph) paced ride**. This is a totally laidback ride, with re-groups at every turn & rest stops every 5 miles or so. The group will be called, **E-Z Riders**, of the **Hill Country Bicycle Touring Club**. Contact **Vern** for information concerning time and location. Let me know if you would like to be added to the ride list. I will send out an e-mail each week for this Friday ride.

**Ride leader is Vern Jeys, 675-0538, [vjeys@satx.rr.com](mailto:vjeys@satx.rr.com).**

**Saturday, May 1st, Castroville Ride.** Meet at **8:00AM** in the **Park and Ride lot** across from Sammy's in Castroville for a **29 mile moderate paced group ride** over mostly flat terrain. **Directions:** Take HWY 90 west to Castroville. Sammy's is on the left just before the river bridge. **Ride Leader: Mac McCormick, 614-5514, email [eemac2@earthlink.net](mailto:eemac2@earthlink.net).**

**Sunday, May 2nd, Promised Land Dairy Ride, Floresville, TX.** Meet at the Promised Land Dairy at **8:00AM** for a **30 mile moderate paced group ride** over gently rolling terrain. Longer options are available. **Directions:** Take US 181 South from San Antonio to Floresville and turn right onto TX 97. The Promised Land Dairy is 3.5 miles on the right. Lunch site to be determined. **Ride Leaders: Ken and Mouse Kanagaki**, phone **341-6883**, email [kenk@texas.net](mailto:kenk@texas.net).

**Saturday, May 8th, Hike and Bike Fest Downtown.** Meet at **8:00AM** in the parking lot across from the Park & Ride at I-410 and Bandera Road by the old Target store for a **20 mile ride downtown and back**. Wear your club jersey. We will ride to the Hike & Bike Festival in Travis Park for lots of free food and prizes. Return by Noon. **Chris Marsh** is the ride leader, **(210) 681-5768**, [chrismarsh@satx.rr.com](mailto:chrismarsh@satx.rr.com).

**Friday, May 7th, Bear Moon Bakery Ride.** Meet at **Leon Springs Carpool Parking Area**. Time: **8:00A.M.** **Directions:** Take Highway 10 West of Loop 1604. Take Boerne Stage Road exit. (Exit 551) Left on Service rd to Stop sign by Rudy's bbq. Left at stop sign to carpool parking area. (L H side of road) Ride is about 25 miles & includes a stop at the Bear Moon Bakery for goodies. **Ride leader is Vern Jeys, 675-0538, [vjeys@satx.rr.com](mailto:vjeys@satx.rr.com).**

**Sunday, May 9th, Tom's Bergers and More Ride.** Meet at Tom's Café at **8:00AM** for a **30 mile ride that is slightly hilly**. Pace will be relaxed with frequent stops. **Directions:** Take I-37 South to Southton Road (Southton is just a little beyond Loop 410), go left on Southton Road to Donop (about one block). Go left on Donop to Tom's. **Ride leader is Vern Jeys, 675-0538, [vjeys@satx.rr.com](mailto:vjeys@satx.rr.com).**

**Friday, May 14th, Castroville Ride.** Meet at **8:00AM** at Sammys restaurant in Castroville for an easy paced **30 mile ride**. Ride is flat to gently rolling. **Directions:** Take hwy 90 west to Castroville. Park behind Sammys. **Ride leader is Vern Jeys, 675**

**Saturday, May 15th, RESCHEDULED Century Ride.** *Because of bad weather and flooded roads we couldn't have our century on April 24th, 2004.* Therefore, it was rescheduled for today. Time: **7:30AM**. Meet at the carpool parking area on US 90 across the street from Sammy's, in **Castroville**, by the river for a **40, 60 or 100 mile** ride. The 100 mile (century) route is mostly flat/slightly rolling through costal prairie. Route will go through **LaCoste, Lytle, Poteet, Charlotte, Bigfoot and Devine**. We will have light SAG service with stores every 10 to 20 miles. Ride Leader: **Chris Marsh, 681-5768**, email: [chrismarsh@satx.rr.com](mailto:chrismarsh@satx.rr.com).

**Sunday, May 16th, Bubba's Burgers and Fries Ride.** Meet at Bubba's (**NOTE TIME**) at **2:30 P.M.** for a **25 mile ride at a moderate pace over rolling terrain** in Southeast Bexar county and Northwest Wilson County. **Directions:** Take U. S. 87 (Rigsby Ave.) East out of San Antonio to Loop 1604, go right (South) on 1604 and exit at New Sulphur Springs Road. Turn right (Northwest) onto New Sulphur Springs Road and Bubba's is about one-fourth mile on the right. If traveling Southeast Loop 410, take Exit 37 and turn Southeast to put you on New Sulphur Springs Road for about 8 miles to Bubba's. **Ride Leader: Sandy Barsun, 635-8777, email: [barsun@sbcglobal.net](mailto:barsun@sbcglobal.net).**

**Saturday, May 22nd, Brauchle Elementary School Bike Rodeo Ride.** Brauchle Elementary School Bike Rodeo is located at **8555 Bowens Crossing off W 1604**. Meet at the school at **8:00 A.M.** to set up and conduct a bicycle safety and training session for students of Brauchle. **Directions:** Take Bandera Road to New Guilbeau Road. Take New Guilbeau Road to April Bend, make a left on April Bend and go 4 blocks to Bowens Crossing. Make a left onto Bowens Crossing and Brauchle will be on the right. (Note: April Bend is about two blocks from 1604, look for another street, Jean Verte, that crosses New Guilbeau about a quarter of a mile before your turn onto April Bend.). If Northbound on W 1604, make a right onto Bowens Crossing which is about a quarter of a mile before New Guilbeau Road exit. **Activity Coordinator: Martha Espinoza, 521-3520, email: [mm\\_espinoza@yahoo.com](mailto:mm_espinoza@yahoo.com).**

**Sunday, May 23rd, Eisenhower Park Ride.** Meet at Eisenhower Park at **8:00 A.M.** for a **25 mile easy paced ride over mostly flat to rolling terrain**. **Directions:** Take Loop 1604 to NW Military Highway, turn North on NW Military and go approximately one and a half miles to Eisenhower Park on the left just prior to the Camp Bullis gate.

**Saturday, May 29th, Comfort-Waring Ride.** Meet in the carpool parking lot in Comfort at FM 473 and TX 27 at **8:00 A. M.** for a **35 mile ride over rolling terrain with some hills.** Lunch will be at Arlene's after the ride. **Ride Leader: Tommy McMillan, phone: 674-1210**

**Sunday, May 30th, OPEN, RIDE LEADER NEEDED.**

**Looking ahead to June Rides.** (Details will be provided later.)

<b>June 5th, Sat.</b>	Taft High School Ride. 8 A. M., 27 miles, Mac.
<b>June 6th, Sun.</b>	OPEN
<b>June 12th, Sat.</b>	OPEN
<b>June 13th, Sun.</b>	E-Z Riders' Ride. 8 A. M., Tom's Burgers and More, 30 miles, Vern.
<b>June 19th, Sat.</b>	Boerne Rides, <b>7 A. M.</b> , Leon Springs, 35-50 miles, Heidi.
<b>June 20th, Sun.</b>	OPEN
<b>June 26th, Sat.</b>	OPEN
<b>June 27th, Sun.</b>	OPEN

Our appreciation goes to the following Bike Shops:

The following Bicycle Shops offer members of the HCBTC a 10% discount:

Bike World- 5911 Broadway; 828-5588, and 7148 Blanco (at Lockhill-Selma); 344-2303

Britton's Cycles; 4230 Thousand Oaks; 656-1655 and 802 E. Blanco Rd. Boerne 830-656-1655

Pit Stop Bike Shop; 6501 Bandera Rd. 521-2453

Ride Away Bicycles; 8830 Huebner Rd. 696-9925, and 8509 Culebra Rd. 520-4789