



*The Newsletter of the
The Hill Country Biking Tour Club
A Recreational Club for Central Texas
<http://www.hcbtc.org> -mail@hcbtc.org*

Volume 5, No. 3- July- August 2004



Taken before one of the Castroville rides

Thanks to our affiliate associations.....



NEWSLETTER EDITOR'S MESSAGE

Sorry this newsletter is a little late. With a few computer problems caused by some of the storms we had in June, my Internet connections got fried and caused a major delay in gathering information.

Summer is heating up! The Hill Country Tour Biking Club has many rides planned for July and August and wants all who can make it to come join the fun. Whether it is one of the day rides during the week or weekend, or one of the evening rides during the week, the club welcomes friends and newcomers alike to see what fun it is to ride with a bunch of wonderful people.

With vacations happening and those lazy, crazy days of summer, the newsletter is a little short on articles. If you should come across something that needs to go in the next edition, feel free to send me the article or picture. Thanks to you, this newsletter will be top notch!!

Le Tour de France

The Tour de France is in full swing, and Lance Armstrong has a chance to make history by winning this year. Throughout the colorful history of this event, several have reached that five win mark, only to fall short of that elusive sixth victory. With his U.S. Postal team surging through the team time trials and riding with the main goal to help him to the prize, Lance has a great shot at winning. The flat surfaces have seen some swift runs and early lead changes, but the mountains loom. Whoever comes out with the lead after the perilous challenges of the Pyrenees and the Alps will have a strong shot at wearing the yellow jersey when the Tour ends in Paris in late July.



You can see the racing live on OLN (Outdoor Live Network) every day of the Tour, or you can catch it on tape when you get home from work at night.

Hill Country Bicycle Touring Club Meeting Minutes from Saturday, June 26, 2004 Hosted by Chris and Jan Marsh

Attendance

Chris Marsh	Jan Marsh	Heidi Lynn	Frank Lynn
Jackie Jeys	Vern Jeys	Mac McCormick	Evelyn McCormick
Amanda McCoy	Fran Mihok	Stan Siler	Laura Monroe
Mouse Kanagaki	Ken Kanagaki	Tommie McMillan	Topper

- Chris presented a video on the Santa Fee trail bike tour he rode last year.
- Heidi thanked Jan & Chris for hosting the club meeting
- Jackie reported a total of \$3,471.61 in the bank
Club paid \$2,354.00 for Jerseys (60 ordered)

Club collected	\$1,819.00 for Jerseys (40 Jerseys paid for, sold 47 Jerseys)
Katie trail deposit	\$ 900.00 (19 registered riders)

- Mac shared information about Fernando's father's automobile accident. Reminded the importance about hydration during hot weather riding. Has one ride opening for Saturday, July 11th, and is looking for ride leaders in August.
- Chris demonstrated our new website created by Fernando. He showed how easy it was to maneuver around on it, and everything is easy to find. Every one liked our new web-page! THANK YOU Fernando!!!
- Chris spoke about the HCBTC 2004 Bike Tour, the Katy Trail October 9-17, 2004. He has 19 riders registered and will take 20, if more people are interested he will see what he can do to expand his max number of riders. Chris has the tour mapped out, however has not yet confirmed hotel reservations. Since the tour is during off peak season he is confident about getting rooms. Laura's husband, Roy, has offered to do Sag-Support, and Laura asked if Chris knew who needed to have bikes transported to Missouri. Jackie will send Laura a list of registered riders. Chris will have a meeting with all registered riders in September to go over the details of the tour. Final payment for this tour will be by mid September.
- Vern has several sub-committees for the FFFF (Fredericksburg Fall Frolic). Isabel and Roland will cook Chili with fixings for lunch. They will purchase the food for lunch and breakfast.

Debbie Arriaga will staff the rest stop in the Luckenbach area on Saturday. Debbie will arrange with the manager of the Armadillo campground to set up the rest stop on their property. Now is the time to start distributing flyers in bike shops, gyms, riders, and advertising it in news letters and on the web.

- Vern will lead the annual 4th of July/Vern's birthday ride on Sunday, July 4th from Leon Springs Park and Ride @ 7:30 a.m. Lunch will be at Rudy's after the ride.
- Bike Maintenance-nothing decided as of this date.
- Majority of attendees were in favor of having By-Laws. Chris (chair), Ken and Vern volunteered to work on the new by-laws, once approved they will be put in to effect as of January 2005. Draft of by-laws will be distributed for members to review, and any recommended changes to be addressed to Chris, Ken or/and Vern.
- No interest in the scuba diving presentation
- A "New Officer for 2005" selection committee was instated. Amanda and Vern will chair this committee.
- Ken brought news paper articles to share on "Ride like a girl" and an article on "James Bold" an HCBTC member.
- Tommie mentioned that the Promise Land Dairy in Floresville has closed its doors for business. Promise Land Dairy ride is one of our favorite rides, and Laura is looking into finding a new departure location for this ride.
- Evelyn & Mac McCormick will host July 17th club meeting at 7 p.m.
- Sandy Barsun will host August's club meeting
- Phyllis & Bill Terry will host September's club meeting at Canyon Lake

Laura & Roy Monroe will host October's meeting

Club Rides

HCBTC offers a wide variety of locations, distances, and levels of rides during the week and weekend. If you have questions about the ride, please contact the ride leader for information.



Every Monday Evening

Time: 6:30PM

Place: Stinson Airport.

Ride Length: 16.5 miles

Directions: Take Roosevelt to 99th street. Go east on 99th street to Mission road. Right on Mission Road to Stinson Airport.

Ride Leaders are **Vern Jeys 675-0538** vjeys@satx.rr.com, and **Sandy Barsun 635-8777**

barsun@sbcglobal.net

Tuesday Evening Rides - President's Ride

Time: 6:30PM

Place: Rudy's BBQ, Located at Hwy 151 & Westover Road (by Sea World)

Ride Length: 12 miles

Directions: Take hi-way 151 West from loop 410 to Westover road. Park in the back, away from Rudy's. President's ride will be hilly. Ride will not be Easy, but it is short. Shorter ride available for those who feel less ambitious.

Ride leader is **Heidi 344-0460** bike4fun2@sbcglobal.net

Every Wednesday Morning - Stinson Airport Ride.

Time: 8:00AM

Place: Stinson Airport.

Ride Length: 27 miles

Directions: Take Roosevelt to 99th street. Go East on 99th to Mission Road. Right on Mission Road to Stinson airport. Ride is flexible. We take various routes. The ride may be as little as 18 miles or as much as 30. Easy paced ride with frequent stops.

Ride Leader **Vern Jeys 675-0538** vjeys@satx.rr.com.

Every Wednesday Evening.

Time: 6:00PM

Place: Large parking lot near the intersection of Cricket and Duncan on KellyUSA

Ride Length: 5-10 miles

Description: 5-10 mile rides for **beginners** just starting or those who have not been on a bike in a long time or for those who enjoy riding slowly (**6-10 mph**) on very flat (NO HILLS) low traffic roads. Nobody is left behind.

Directions: Meet at the large (mostly empty) parking lot near the intersection of Cricket and Duncan on KellyUSA. Duncan is the extension of the Gen. Hudnell exit if you are traveling west on Hwy 90. If you are entering KellyUSA from 36th St, travel south on 36th and turn left on Billy Mitchell. (A divided boulevard). Continue on Billy Mitchell going east until you hit Duncan and turn right (very sharp turn) Look for the large parking lot on the right.

Ride Leaders: Ken Kanagaki 210 341-6883; email: kw2405@yahoo.com; or **Laura Munro 210 671-0403** email laura.munro@lackland.af.mil

Every Thursday Evening.

Time: 6:30PM

Place: Helotes:

Ride Length: 16 miles

Directions: We will meet at **6:30 PM in Helotes** on Old Bandera Rd across from the **Helotes Bike Shop** and the **Floore Country Store** for a group ride at a **Moderate (12 - 14 mph) pace**. We will eat at the after the ride.

Ride Leaders: Chris & Jan Marsh will lead the ride, phone **210 681-5768**, email chrismarsh@satx.rr.com.

Every Friday Morning.

Time: 8:00AM

Place: Castroville

Meet at the "**Carpool Parking Area**" in Castroville for an **easy paced ride**. Our group rides together with frequent stops. No one gets left behind. Routes will vary from week to week.

Directions: Take hwy 90 west to Castroville. Carpool parking area is located Just across the street from Sammy's, by the river. **Lunch spot to be determined.**

Point of contact is Vern Jeys, 675-0538, vjeys@satx.rr.com.

Saturday, July 17th, Helotes to Rio Medina and Return Ride. This ride starts at **7 A. M. (NOTE)**. Meet across the street from Floores Country Store and the Helotes Bike Shop. This is an easy-paced 40-mile ride over flat terrain. Shorter rides are optional. **Directions:** Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go 2 blocks to the starting point. . **Ride Leader: Mac McCormick, phone: 614-5514, email: eemac2@earthlink.net**

Saturday, July 17th, Club Meeting.

Place: Mac and Evelyn's home

Time: 7:00PM

Program: Pot-luck dinner.

Plan:

For **food, if all goes well**, we'll have **Shish-kabobs**, if it doesn't, we'll have **wieners on a stick**.

For **side dishes** we'll have **whatever you want to bring** or **whatever some one else brings**. If all goes well, we'll have **cold drinks**, and as a **backup** we have **plenty of water from the garden hose**.

For **entertainment, if all goes well**, we will have **George Strait**, but **if he can't make it** we can take turns **running through the sprinkler** and **telling tall tales from the lore of bicycling**.

It's probably a good idea to **let Mac and Evelyn know what you intend to bring** to keep the side dishes kind of evened out. Food will be available promptly at **7 P. M. or sometime thereafter**, maybe. The Club Meeting will follow.

Sunday, July 18th, E-Z Riders' Ride. Meet at Tom's Burgers and More at **8 A. M.** for a **30 mile group ride** that is slightly hilly. The pace will be relaxed with frequent stops. **Directions:** Take IH-37 South to Southton Road (Southton is just a little beyond Loop 410), go left on Southton Road to Donop (about a block). Go left on Donop to Tom's; it is about 400 feet on the right hand side. **Laura Munro, phone: (830) 393-0818, email: laura.munro@lackland.af.mil**

Saturday and Sunday, July 24th and 25th, Fredericksburg Weekend Rides. Ride will start at Leon Springs at 8:00 with the club Leon Springs Ride and go to Fredericksburg. We will stay at the Quality Inn 908 S. Adams St. in Fredericksburg, Phone: (830) 997-9811. The return ride will start at 8:00 AM with the club Fredericksburg ride. There will be limited space to take gear up to Fredericksburg and back so please let me know if you want your gear transported. One small bag per person please! If you are going call **Chris Marsh, 681-5768, email: chrismarsh@satx.rr.com.**

Saturday, July 24th, Fredericksburg Weekend Ride. 8 A. M., Meet at Leon Springs **park and ride** lot at 8 A. M. for a 30 mile ride that is hilly. Directions: Take IH-10 West to Leon Springs/Boerne Stage Road exit (Exit 551). Take a left onto the service road and continue to a 4-way stop. Make a left at the stop and go one block to the parking lot on the left. Ride Leader: **Chris Marsh, 681-5768, email: chrismarsh@satx.rr.com.**

Sunday, July 25th, Fredericksburg Weekend Ride. 8 A. M., Meet behind the County Courthouse in Fredericksburg at 8 A. M. for a 30 mile ride that is hilly. Directions: Take IH-10 West Comfort. Take a right on US 87 Fredericksburg. Turn right on Main St. The courthouse will be on your left at Adams St. The ride will go to Luckenbach and back. If you are coming up the night before, we will be staying at the Quality Inn, 908 S. Adams St (830) 997-9811. Ride Leader: **Chris Marsh, 681-5768, email: chrismarsh@satx.rr.com.**

Saturday, July 31st, New Berlin Ride. Meet at **8 A. M.** in New Berlin for a **28 mile group ride at an easy pace (8-10mph)** in mostly flat terrain. Lunch will be at New Berlin. Directions: Take I-10 East toward Seguin. Exit at Trainer Hale Road (FM 2538) and turn right onto FM 2538 (south) to New Berlin (8 miles). **Ride Leader: Amanda McCoy, 614-4475, email: amccoy@chfp.com.**

Sunday, August 1st, Helotes-Castroville and Return Ride. (Map #41). This ride starts at **7 A. M. (NOTE)**. Meet across the street from Floores Country Store and the Helotes Bike Shop for a **60 mile group training ride** for the MS 150. The pace will be moderate for this flat route which has three rest stop areas, the Exxon station, Rio Medina and Castroville. Directions: Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go 2 blocks to the starting point. **Ride Leader: Heidi Lynn, phone: 682-8107, email: bike4fun2@sbcglobal.net**

Saturday, August 7th, Taft High School Ride. Meet on the west side of the Taft High School parking lot at **8 A. M.** for an easy paced **37 mile group ride** over flat and rolling terrain with a few hills. Directions: Taft High School is located on FM 471 (Culebra Road in the city) about one mile west of Loop 1604 W. **Ride Leader: Mac McCormick, phone: 614-5514, email: eemac2@earthlink.net**

Sunday, August 8th. OPEN. RIDE LEADER NEEDED. Contact **Mac, 614-5514, eemac2@earthlink.net,** for maps and information about leading a ride. It's part of the fun.

Saturday, August 14th, OPEN. RIDE LEADER NEEDED. Contact **Mac, 614-5514, eemac2@earthlink.net,** for maps and information about leading a ride. It's part of the fun.

Sunday, August 15th, Tom's Burgers and More Ride. Meet at Tom's Burgers and More at **8 A. M.** for a **30 mile group ride** that is slightly hilly. The pace will be relaxed with frequent stops. Directions: Take IH-37 South to Southton Road (Southton is just a little beyond Loop 410), go left on Southton Road to Donop (about a block). Go left on Donop to Tom's, it is about 400 feet on the right hand side. **Ride Leader: Vern Jeyes, phone: 675-0538, email: vjeys@satx.rr.com.**

Saturday, August 21st, Helotes MS 150 Training Ride. (Map #1). This ride starts at **7 A. M. (NOTE)**. Meet across the street from Floores Country Store and the Helotes Bike Shop for a **70-mile group training ride** for the MS 150. The pace will be moderate for this flat route which has rest stop areas at the Exxon station, Rio Medina and Castroville. Directions: Take Bandera Road West to Helotes. Travel through the Helotes shopping area and after passing the last traffic light make the 2nd left (opposite a feed store) onto Old Bandera Road and go 2 blocks to the starting point. **Ride Leader: Heidi Lynn, phone: 682-8107, email: bike4fun2@sbcglobal.net**

Sunday, August 22nd, Taft High School Ride. (Map # 55). Meet at **8 A. M.** on the west side of the Taft High School parking lot for a **27-mile group ride** at a **moderate pace** over mostly flat terrain. Directions: Taft High School is located on FM 471 (Culebra Road in the city) about one mile west of Loop 1604 West. **Ride Leaders: Jim and Theresa Thoune, phone: 344-8737, email: jthoune@satx.rr.com, tthoune@satx.rr.com.**

Saturday, August 28th, Harmon's BBQ Ride, Cibolo TX. Meet in the back of the parking lot of Harmon's BBQ at **8 A. M.** for a **30 mile ride** in rolling countryside at a moderate pace. Directions: Take IH-37 East toward Seguin. Pass Loop 1604 and take Exit 593 (FM2538). Take a left onto FM 2538 and go 1.2 miles where it becomes Weir Road. Continue on Weir Road until it tees into Lower Seguin Road. Turn right onto Lower Seguin Road to Haeckerville Road. Pass up Haeckerville Road on the right and continue for 0.2 miles to where you can make a left (North) onto Haeckerville Road. Take it for 2.2 miles to FM 78. Cross FM 78 and take a left onto Loop 539 to main Street. Make a right onto Main Street and go about a block to Harmon's BBQ on the right It is located in an old bank building across the street from the Police station. If you cross the railroad tracks you have gone too far. Park in the back of the lot. Ride Leader: **Amanda McCoy, phone: 614-4475, email: amccoy@chfp.com.**

Sunday, August 29th, Promised Land Dairy Ride. Floresville. Meet Pecan Park in Floresville at **8 A. M.** for a **30-mile group ride** at a moderate rate (12-14 mph) in gently rolling terrain. Directions: Take US 181 South from San Antonio to Floresville and turn right on FM 97. Pecan Park is on the right just after you turn off US 181 onto FM 97. **Ride Leader: Laura Munro, phone: (830) 393-0818, email: laura.munro@lackland.af.mil.**

Beat the Heat!

Summer rides can be great! You have a long time period to plan for rides, but be careful. One of the great dangers of course is the heat. Be sure to plan for it. Even on relatively mild days, a combination of heat and humidity will rob your body of hydration. If you start in the morning, try to be finished by noon before it gets too hot, and if you ride later in the afternoon, make sure to carry enough water and liquids to carry you through the miles. I can recall last year's Tour and those vivid pictures of Lance Armstrong having to fight through a time trial after he ran out of water. His quest for the title almost ended when the Gatorade played out.

The MS 150

If you have dreams of riding in this year's MS 150, start building up your endurance base. There are several rides in July and August that are designed to do just that. The club would love to see as many of its members as possible participate in the ride, so hit the street, put the hammer down on the pedal, and join in this worthy cause!

Club Discounts - The following Bicycle Shops offer members of the HCBTC a 10% discount.

BikeWorld, 5911 Broadway, 828-5558 and
Blanco at Lockhill Selma 344-2303

Britton's Cycles, 4109 Naco Perrin, 656-1655 and
803 E. Blanco Rd. Boerne, 830 816-2305

Hill Country Bicycle Works, 1412 Broadway, Kerrville, 830 896-6864 and
702 E Main, Fredericksburg, 830 990-2609.

Ride Away Bicycles, Huebner Oaks Shopping Center,
*11075 IH-10 West, Suite 305, 696-9925 and
8509 Culebra Road, 520-4789*

Cycle Logic, 12319 Wetmore Road, 210-490-8251

Planet Bike, 5819 NW Loop 410, Suite 133, 210-682-2050

Action Bikes 2921 Pat Booker Road, 104 Universal City, TX, 210-657-0155

Big thanks for their support to our club.



Come join the fun! Ride with Hill Country Biking Tour Club!