

## Rules of Etiquette

In order for everyone to enjoy a safer, more pleasant ride, please observe these rules of riding.

1. Always wear a **helmet**
2. Always **follow the instructions** of the ride leader
3. Always **obey all road signs** and traffic signals
4. Always **use hand and voice signals** to:
  - Indicate turns
  - Indicate slowing and stopping
  - Warn each other of hazards such as:
    - pot holes, bumps, glass, gravel, and other debris
    - approaching cars from other directions
    - cross traffic
    - railroad tracks
  - Say "To Your Left" when getting ready to pass another biker
5. **Maintain a safe position** on the road by:
  - Staying to the right of the road
  - Riding single file to let traffic go by on narrow roads
  - Avoiding overlapping of wheels (a front wheel overlapping and touching someone else's back wheels will cause the rider in back to fall down)
  - AVOID passing other cyclists on the **right**
  - Riding in a straight line and NOT weaving from side to side
6. Always **stop** when:
  - A rider has an accident
  - A rider has a flat tire or mechanical problem
  - If somebody needs assistance for any reason
7. Always **inform the ride leader**:
  - If you want to go back or take a shorter route so the remainder of the group does not have to wait for someone who has turned back
  - If you are not feeling well
  - If you know about any hazards or construction on the planned route
8. For safer riding remember to ALWAYS **maintain visibility** by:
  - Riding far enough away from the curb to be more easily seen by motorists
  - Wearing brightly colored jerseys, especially in the evening
  - Refrain from riding at night unless your bike is outfitted with lights, front & back
  - Using a blinking rear light on dark or foggy days
9. ALWAYS **carry personal equipment** including:
  - Water, energy drinks, energy bars
  - Tools and parts needed to replace a flat tire
  - Money and identification
  - If you have a cellular phone make sure you have the # of one of the other riders, especially the ride leader